

# **PARISI Sports Performance Session Calendar** for the HIT facility



Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Performance Coaches
								Jeff Biehl Chris Daughtry Jacobo Fajardo Nat Kennedy Lana Maciel Brittany Thompson
<b>JS I</b>	4:00pm		4:00pm		4:00pm	1:00pm		
7-12 ages		6:30pm		6:30pm				
<b>TP I</b> 13-15 ages	<b>Coming Soon!!!</b>  <i>Currently offering TP I classes at the Memorial Drive Location</i>							<b>KEY</b>
<b>TP II</b> 15-18 ages	<b>Coming Soon!!!</b>  <i>Currently offering TP II classes at the Memorial Drive Location</i>							<b>JS I</b> - Jump Start
<b>Eval</b>	<i>By scheduled appointment only</i>  <i>Please call (281) 497-7570</i>							<b>TP I</b> - Total Performance (80-90): Combination of speed and strength session
								<b>TP II</b> - Total Performance (80-90): Combination of speed and strength session
								<b>P.E.A.K.</b> - Parisi Elite Athletic Knowledge <b>(Invite only)</b>



HIT Facility

1544 Campbell Road Houston, Texas 77055  
www.hitindoor.com

(713) 816-6048

*Memorial Athletic Club*

*14690 Memorial Drive Houston, Texas 77079*  
*www.parischool.com/memorialac*

*(281) 497-7570*