

Effective: 2/8/2021

PARISI Sports Performance Session Calendar 2021

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Performance Coaches
JS I	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm	10:00am OUT	Jeff Biehl Justin Chu
7-10 ages	5:00pm OUT	5:00pm OUT	5:00pm OUT	5:00pm OUT			
	6:30pm		6:30pm				
JS II	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm	10:00am OUT	Chris Daughtry Jacobco Fajardo "Cobo" Austen Waters
10-12 ages	5:00pm OUT	5:00pm OUT	5:00pm OUT	5:00pm OUT			
	6:30pm		6:30pm				
TP I						11:15am COMBO	KEY
13 15 ages	5:00pm OUT	6:00pm	5:00pm OUT	6:00pm	5:00pm OUT		JS I- Jump Start
	6:30pm COMBO		6:30pm COMBO				JS II- Jump Start
Strength		7:00pm		7:00pm			TP I- Total Performance
TP II							(COMBO): Combination of
15 -18 ages	5:30pm COMBO	5:30pm	5:30pm COMBO	5:30pm	5:00pm COMBO	12:30pm COMBO	speed and strength session
		6:30pm COMBO		6:30pm COMBO			OUT - Refers to OUTDOORS
Strength	7:30pm		7:30pm				TP II- Total Performance
ALL Outdoor Classes will be held at the MAC Outdoor Sports Court location							(COMBO): Combination of
Eval	By scheduled appointment only Please call (281) 497-7570						speed and strength session TPII-All Classes INDOORS



MAC Outdoor Sports Court at the Memorial Athletic Club

Memorial Athletic Club

14690 Memorial Drive Houston, Texas 77079
www.parisischool.com/memorialac

(281) 497-7570