

***PARISI** Sports Performance Session Calendar Summer 2017*

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Performance Coaches
								Jeff Biehl
JS I	4:00pm	4:00pm	4:00pm	4:00pm	4:00pm	10:00am		Chris Daughtry
7-10 ages	6:30pm	5:00pm	6:30pm	5:00pm				Lana Maciel
JS II	2:30pm	4:00pm	2:30pm	4:00pm	4:00pm	10:00am		Brittany Thompson
10 12 ages	4:00pm	5:00pm	4:00pm	5:00pm				Jacobco Fajardo
	6:30pm		6:30pm					Julian Jemenez
TP I	2:00pm (80)	2:00pm (80)		2:00pm (80)		11:00am (80)		
13 15 ages	5:00pm	6:00pm	5:00pm (80)	6:00pm	5:00pm (90)	Speed/Str.		
	6:30pm		Speed/Str.		Speed/Str.			
Strength		7:00pm	6:30pm	7:00pm				KEY
TP II		2:45pm (80)		2:45pm (80)	3:00pm	12:30pm (80)		JS I- Jump Start
15 -18 ages	5:30pm (80)	5:30pm	5:30pm (80)	5:30pm	5:00pm (80)	Speed/Str.		JS II- Jump Start
	Speed/Str.	6:45pm (80)		6:45pm (80)	Speed/Str.			TP I- Total Performance (80 min.) Combination of speed and strength session
Strength	7:30pm	Speed/Str.	7:30pm	Speed/Str.				
Eval	<i>By scheduled appointment only</i>							TP II- Total Performance (80 min.) Combination of speed and strength session
	<i>Please call (281) 497-7570</i>							



[Current/Active Member Online registration](#)